

ATLAS

Requires closed-toe shoes



Bring a bathing suit and towel



Bring a water bottle



CLUBS, LEAGUES, AND ACTIVITIES

Pool Games	Pool
Strategy Games	Board Game Studio
Party Games	Reisinger 2
Improv	BWCC
Painting	Art Studio
Gaming 101	Siegal Center
EXPLO Lab: High School Survival Skills	Dudley Lawrence Living Room
Soccer	Campbell Sports Center
Gaga	Gaga Ball Pit
Magic Tricks	Wright Theater
Jam Session	Amphitheatre
Zumba	Campbell Sports Center
The Art of Being Awkward	BWCC
Hip Hop Dance	BWCC
Basketball	Basketball Court
How To: Palm Reading	North Lawn
Block Print Making	Art Studio
How To: Beat Box	South Lawn
Filming: The Daily Report	Barbara Walters Student Center
Pop Culture Trivia	Teahaus

COMING NEXT WEEK

CRUISE NIGHT!

Next Thursday you'll be off to Hudson Yards to set sail on a cruise of the Hudson River. The night is full of dancing, refreshments, beautiful sights, and of course, many, many selfies! What a great way to bring your EXPLO Summer 2023 to an end!



DAILY CHALLENGE

Which staff member was a contestant on "The Voice"?

TODAY IN HISTORY

The Treaty of Versailles was signed in France ending World War!!

WEEKLY CHALLENGE

Cryptogram Hint
A=23

TODAY'S SCHEDULE

7:30	Day Student Early Arrival
7:45	Residential Morning Huddle
8:00	Breakfast
8:30	Day Student Arrival
9:15	COURSES
12:00	Lunch
1:15	ELECTIVES
2:45	Clubs, Leagues, and Activities
4:30	Flex Time / Day Student Pick-Up
5:45	Dinner
6:00	Late Day Student Pick-Up
7:00	Evening Events
8:45	Final Day Student Pick-Up
9:15	Hall Check-In
10:15	Room Curfew

TODAY'S MENU

LUNCH Turkey and Avocado Panini
Green Apple Cheddar Panini
French Fries
Sweet Potato Fries
Chicken and Rice Soup
Deli Bar
Salad Bar
Strawberry Yoghurt Parfait
Lemon Pound Cake

DINNER Orange Chicken Stir Fry
Crispy Tofu Stir Fry
Potsticker Dumplings
Miso Soup
Salad Bar
Pasta with Pesto Genovese
Oreo Parfait
Ice Cream



EXPLO Senior

ATLAS

WEEKEND TRIPS



REMINDERS

Do you have everything you need for your trip? Make sure to dress appropriately! Pack your lunch and, if necessary, visit the Health Office.

WEEKEND SCHEDULE

- 8:15 Morning Huddle
- 8:30 Breakfast
- 9:45 Trips Dismissal
- ON AND OFF-CAMPUS TRIPS
- 5:15 Flex Time + Dinner
- 6:30 Lawn Check-In
- 6:45 Evening Event
- 8:45 Winding Down Time
- 9:30 Hall Check-In
- 10:15 Room Curfew

SATURDAY TRIPS

- Hudson Bike Tour
- The Ride + Times Square
- Liberty Science Center + Planetarium Show
- SPYSCAPE + Escape Room
- Photography Tour + Museum of Modern Art
- Sailing, Paddleboarding, + Kayaking Tour
- American Museum of Natural History
- Day on the Hudson

SUNDAY TRIPS

- Rock Climbing + Immersive Puzzles
- Day at the Beach
- Six Flags Great Adventure
- Bronx Zoo + Treetop Adventure
- Batting Cages + Mets Game
- Chelsea Piers Sports Complex
- Pinball Arcade + Virtual Reality World New York
- White Water Rafting

WEEKEND DINNER

- LUNCH** Jamaican Jerk Chicken
- Red Lentil Curry
- Rice and Beans
- Roasted Brussels Sprouts
- Pasta with Marinara
- Salad Bar
- Cookie Brownie Bars
- Ice Cream
- DINNER** Barbecue Pulled Pork
- Baked Macaroni and Cheese
- Vegan Macaroni and Cheese
- Collard Greens
- Cornbread
- Chicken and Rice Soup
- Salad Bar
- Apple Pie
- Ice Cream

— EVENING EVENT —

SATURDAY



Movie Night

- DUNE
- Dear Evan Hansen
- Eternals

SUNDAY



Game Night

- Family Feud
- Chess Tournament

DAILY CHALLENGE

Which staff member has a pilot's license and has flown across the U.S.?

FUN FACT

A blue whale's heartbeat can be detected from two miles away!